



## Blepharophimosis Syndrome- A Rare Case

Authors

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### Abstract

**Background:** *BPES is complex of eyelid malformation.*

*It is very rare and dominantly inherited condition approximately 6% of children with congenital ptosis present with this syndrome associated with primary amenorrhea in some family lines.*

**Case Description:** *17 year male present with chief complaint of diminution of vision with small eyes since birth associated with watering, on ptosis workup he has absent lid crease, good levator function with good bells phenomena*

**Prognosis:** *Excellent eyelid surgery results have been published typically requiring multiple staged surgeries.*

### Introduction

It is an uncommon inherited dysmorphic syndrome which primarily affect soft tissue of mid face with signs including blepharomiosis, telecanthus, ectropion, stabismus, high arched brows

Type 1-associated with primary ovarian failure

Type 2- no systemic association.

### Case Report

-17 yr male

-small eyes

-drooping of eyelids since birth

### Past History

History of oculoplasty surgery done in 2008 (V-Y plasty with MCL tightening)

### Clinical Features

Drooping of eyelids with head tilted slightly backwards with chin up

With Interpupillary distance-60 mm

Intercanthal distance-40 mm

Horizontal palpebral aperture-27 mm

### Surgical Management

Treatment needs to address both the eyelid malformation with purpose of correcting blepharophimosis, epicanthus inversus, telecanthus and ptosis

Mustarde' technique (double Z plasty) done under local anaesthesia.

Intra operative Pictures



Postoperative Pictures



Intercanthal distance - 35 mm

Other options which includes Y to V flap, five flap  
New surgical approach involves modified skin redraping method, telecanthus corrected by shortening medial canthal tendon fixing it to subcutaneous tissue.

### Post Operative

Interpupillary distance-55 mm

Intercanthal distance-35 mm

Horizontal palpebral aperture-27 mm

### Discussion

It is very rare only 50-100 cases have been described n dominantly inherited n severity of finding varies among affected family members. Retrospective analysis of BPES patients also identified amblyopia (41%), Refractive errors (34%), strabismus (20%), nystagmus (6%),. Of the patient with strabismus 70% showed esotropia 25% exotropia and 5% hypertropia.

### Conclusion

The prevalence BPES is unknown but there are no difference in prevalence based on ethnicity, sex, race and age.

### References

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