



Role of computerized tomography scan in identifying non-neoplastic cause of seizure disorders in children

Authors

**Dr Anindya Sasmal¹, Dr Sheela Kandulna (Goswami)², Dr Kausik Goswami³
Dr Tapan Dhibar⁴, Dr Swati Chakravarti⁵, Dr Gautam Ganguly⁶**

¹Assistant Professor, Department of Radiodiagnosis, ICARE Institute of Medical Sciences and Research, Banbishnupur, Purba Medinipur, Haldia, West Bengal 721645

^{2,3}Assistant Professor, Department of Pediatrics, ICARE Institute of Medical Sciences and Research, Banbishnupur, Purba Medinipur, Haldia, West Bengal 721645

⁴Professor, Department of Radiology, Bangur Institute of Neurosciences, IPGMER, 52/1A, Sambhunath Pandit St, Bhowanipore, Kolkata, West Bengal 700025

⁵Professor, Department of Pediatrics, IPGMER, 244, A.J.C. Bose Road, Bhowanipore, Kolkata, West Bengal 700020

⁶Professor, Department of Neuro Medicine, Bangur Institute of Neurosciences, IPGMER, 52/1A, Sambhunath Pandit St, Bhowanipore, Kolkata, West Bengal 700025

Corresponding Author

Dr Sheela Kandulna (Goswami)

Email: dr.goswami2010@gmail.com, Mobile: 9434236304

Abstract

Background: Seizures are an important cause of morbidity and mortality in childhood. It is therefore important to establish accurate diagnosis of seizures and its aetiologies to appropriately manage such patients. Neuroimaging can help to determine whether a seizure in a patient results from a structural abnormality of the brain or its surroundings. It is useful in a variety of clinical settings. The present study was undertaken to find the role of computed tomography (CT) scan in identifying non-neoplastic cause of seizure disorders in children.

Materials & Methods: It was a hospital based cross sectional observational study. Age, sex, characterization of seizure including onset, time of attack, provocative factors, first attack, total no of attacks, frequency of attack, status of consciousness, prodrome, aura, cerebellar symptoms, duration, post ictal phenomenon, history of drug intake, control of attack by drugs, family h/o of seizure, birth history were noted.

Results: In the present study 34.5% of children belong to 6-9 yrs age group followed by 27.6% of 16-18 yrs group. Most common type of seizure was generalised tonic clonic seizures (29.31%) followed by complex partial (25.86%), simple partial (17.24%) and unclassified/epilepsy syndromes (13.79%). About 46.55% of cases CT for detection of lesions were useful in our study.

Conclusion: Though the MRI is more specific in detecting certain focal anomalies its expense and non-availability make CT scan an adequate initial screening procedure. Thus every child with a seizure should be subjected to a CT scan to determine the underlying aetiology and offer specific treatment.

Keywords: Seizure disorders, Non-neoplastic aetiologies, Computerized tomography, Neuroimaging.

Introduction

A seizure disorder broadly termed as epilepsy from the Greek word *epilepsia* meaning “taking hold of” was first described by Hughling Jackson in 1873.¹ Epilepsy is the second most common and frequently encountered neurological condition that imposes heavy burden on individuals, families, and also on healthcare systems. This disorder has a social stigma attached to it, and to a young child it may cause long term psychological damage. Therefore it becomes important to arrive at an etiological diagnosis whenever possible to aid specific therapy. Almost 30% of patients with a seizure disorder are children² and the seizure type is partial in 23–66% of children^[3-6]. With a conservative estimate of 1% as prevalence of epilepsy, there are more than 12 million persons with epilepsy (PWE) in India, which contributes to nearly one-sixth of the global burden.⁷

A study conducted in Kolkata's urban population showed an annual incidence rate of 27.27 per 100,000 per year.⁸ A rural epilepsy surveillance program from Uttarakhand showed a prevalence rate of two or more unprovoked seizures to be 7.5 per 1000⁹ and this is slightly higher than the prevalence rate in Kerala, a state with higher literacy rates and better public health awareness (4.9/1000).¹⁰ Shah PA et al (2009) study showed that in Kashmir valley prevalence rates of 3.74/1000 in males and 3.13/1000 in females.¹¹

Febrile seizures (FS), head injury, positive family history of epilepsy and developmental delay have been found to be the risk factors for epilepsy in Indian studies.¹² However, there are significant regional variations. Neurocysticercosis is highly endemic in certain areas such as northern India. Southern states report a high prevalence of a specific reflex epilepsy called hot water epilepsy.¹³

Several laboratory studies should routinely be included in the initial diagnostic workup of seizure —complete blood count (CBC), blood chemistries, liver and thyroid function tests, EEG, and, most importantly, an imaging study of the brain, preferably MRI. CT scanning may be the

only feasible study in an emergency or for very young children.¹⁴

Seizure in later childhood and adolescence represents most common epileptic problem in general practice.

Objectives

- 1) To identify CNS lesion in patients with seizure whether it matches with seizure semiology.
- 2) To characterize the lesion and help to plan out whether medical or surgical modalities required
- 3) To help in diagnostic challenge in pharmacologically refractory cases of seizure such as epilepsy syndromes, temporal lobe epilepsy
- 4) To determine the varied role of neuroimaging in seizure disorder

Materials & Methods

The study was done at the Department of Paediatric Medicine and Paediatric Neurology, IPGMER, the Department of Neuromedicine including the Epilepsy Clinic and Department of Radiology, Bangur Institute of Neurosciences, IPGMER.

Inclusion Criteria

Patient attending Neuromedicine and Epilepsy clinic, Bangur Institute of Neurosciences, Paediatric OPD including Paediatric Neurology, IPGMER with the following criteria

- 1) Age 6-18 yrs
- 2) Male or female
- 3) >1 episode of unprovoked seizure, 24 hrs apart or more, seizures was classified according to International League against Epilepsy (ILAE) criteria¹⁵

Exclusion Criteria

- 1) Patient with seizure disorder, < 6yr or > 18 yrs
- 2) Patient with seizure disorder diagnosed to be due to neoplastic causes from neuroradiological evidences

Sample Size: 58 cases, male or female of age group 6-18 yrs with clinical presentation of seizure disorder

Study Period: February 2010—September 2011

Sample Design: All such cases attending Department of Paediatrics including paediatric neurology, IPGMR, Department of Neuromedicine including Epilepsy Clinic, Bangur Institute of Neurosciences

Study design: It was a hospital based cross sectional observational study. Age, sex, characterization of seizure including onset, time of attack, provocative factors, first attack, total no of attacks, frequency of attack, status of consciousness, prodrome, aura, cerebellar symptoms, duration, post ictal phenomenon, history of drug intake, control of attack by drugs, family h/o of seizure, birth history were noted.

Radiological Investigations: CT scan of brain in axial plane before and after contrast administration

Study Tool:

- TOSHIBA made ASTEION 4, 4 slice spiral CT scan machine
- Patient is placed in supine position with head coil (quadrature coil).

Techniques of CT Examination¹⁶

CT scans are performed with 15-20* angulation to the canthomeatal line (line drawing from the supraorbital ridge to the external auditory meatus). The posterior fossa scanned in, 2-3 mm thin section to minimize beam hardening artefact and the supratentorial brain above the pyramid with a thicker section of 5 mm. The images are seen from below and consequently are laterally reversed.

Results

In the present study 34.5% of children belong to 6-9 yrs age group followed by 27.6% of 16-18 yrs group [Table 1]. About 34/58 (58.62%) were male participants. So, there is definite male predilection in our study.

Table 1: Age group and sex distribution among study participants (n=58)

Age Group (Yrs)	Male	Percentage	Female	Percentage
6-9	9	15.52%	11	18.96%
10-12	12	20.69%	1	1.72%
13-15	4	6.89%	5	8.62%
16-18	9	15.52%	7	12.07%

Table 2: Age distribution (n=58)

Age Group (Yrs)	No. of Patient	Percentage
6-9	20	34.48
10-12	13	22.41
13-15	9	15.51
16-18	16	27.58

Table 3: Comparison of CT in diagnostic usefulness

Total no. of patient	CT was useful	Percentage of cases
58	27	46.55%

So, 46.55% of cases CT for detection of lesions were useful in our study as depicted in the diagram [Table 3].

Table 4: Different aetiologies of seizure obtained in our study [N=58]

Causes of seizure	No. of patient	Percentage
Mesial temporal sclerosis	10	17.24%
Congenital structural defect	10	17.24%
Infective	10	17.24%
Anoxia	5	8.62%
Normal	14	24.14%
Gliososis	5	8.62%
Miscellaneous causes	4	6.9%

Aetiologies identified through imaging process in the present study were mainly normal (24.14%), mesial temporal sclerosis, congenital structural defect and infective (17.24%) each [Table 4].

Table 5: Seizure Pattern

The presenting seizure was classified into different groups as listed below (n=58)

Types of seizure	Total no. of patients	Percentage
Complex partial	15	25.86
Simple partial	10	17.24
Generalised tonic clonic	17	29.31
Absence	3	5.17
Myoclonic	2	3.45
Partial seizure with secondary generalization	3	5.17
Unclassified/epilepsy syndromes	8	13.79

Most common type of seizure was generalised tonic clonic seizures (29.31%) followed by complex partial (25.86%), simple partial (17.24%) and unclassified/ epilepsy syndromes (13.79%) [Table 5].

Table 6: CT used in diagnosing different aetiologies (n=44)

Causes	No. of patient diagnosed by CT	Percentage
Infective	6	13.64
Mesial temporal sclerosis	2	4.54
Congenital structural defect	9	20.45
Gliososis	4	9.09
Anoxia/ hypoxia	4	9.09
Miscellaneous	2	4.54

Percentage of abnormalities by CT in diagnosing different aetiologies like infective, mesial temporal sclerosis and congenital structural defect [Table 6] is presented in the above.

Table 7: Congenital aetiologies of seizure (n=10)

Causes	No. of cases	Percentage
Dyke Davidoff Mason syn.	2	22.22
Sturge weber syndr.	1	11.11
Chiari I malformation	1	11.11
Septo-optic dysplasia	1	11.11
Corpus callosum agenesis	1	11.11
Pachygyria	1	11.11
Arachnoid cyst	2	22.22
Porencephalic cyst	1	11.11

Causes of congenital aetiologies of seizure identified through MRI imaging was mainly Dyke Davidoff Mason syndrome and Arachnoid cyst (22.22% each) followed by Sturge weber syndrome (Fig. 2), Chiari-I malformation, septo-optic dysplasia (Fig. 1), corpus callosum agenesis (Fig. 3), pachygyria and porencephalic cyst (11.11% each) [Table 7].

Table 8: Percentage of infective cases presenting as ring enhancing lesion (n= 10)

Total no of cases due to infective aetiology	No. of cases presenting as ring enhancing lesion	Percentage of cases presenting as ring enhancing lesion
10	07	70

So, majority of cases with infective aetiology presented with ring enhancing lesion in our study [Table 8].

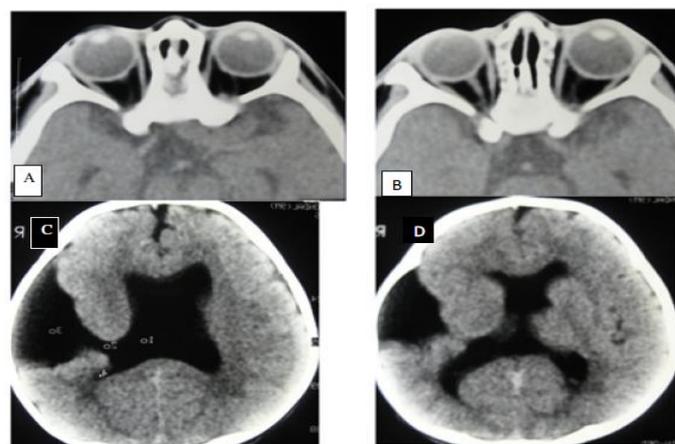


Figure 1: Axial CT images in different Section showing septo-optic dysplasia with right sided type II schizencephaly

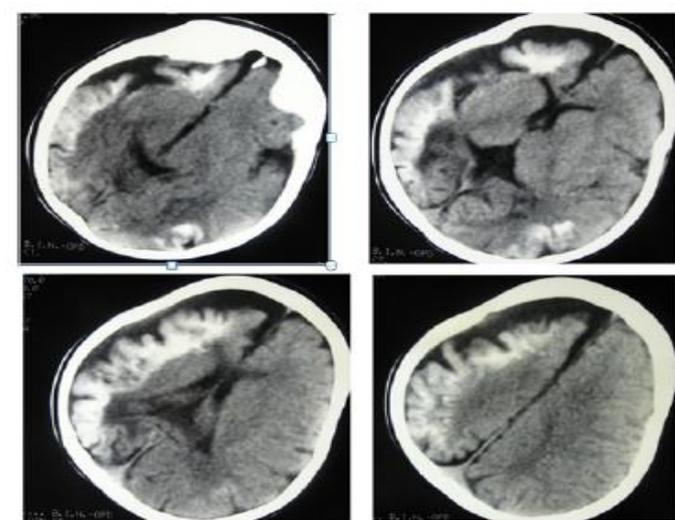


Figure 2: AXIAL noncontrast CT scan in different sections showing a classical case of Sturge – Weber Syndrome

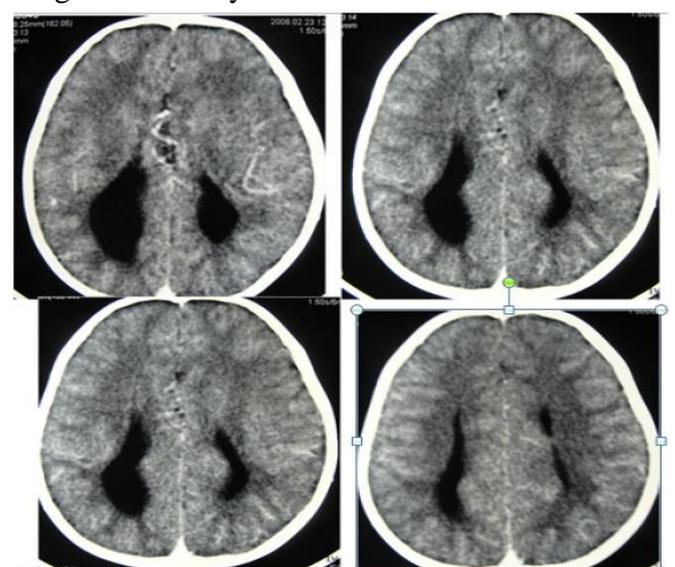


Figure 3: Axial post contrast CT images showing partial agenesis of corpus callosum

Discussion

This study was undertaken with a view to determine the role of CT scan in children with a seizure disorder other than neoplastic cause. In our study most of the cases of symptomatic seizure occurred in 6-12 yr age group comprising of almost 56.9% of all patient. There is also male predilection in our study. Male patient comprises of 58.62% and female patient comprises of 41.38% of patients.

The yield of positive results was 46.55% which is in the range of 30–70% as quoted by various authors.^[3, 17, 18, 19] Maytal J et al (2000) showed that fifty-two patients (78.8%) had normal CT results and 14 patients (21.2%) had abnormal CT results. Seizure cause was considered cryptogenic in 33 patients, of whom 2 (6%) had abnormal CT results; neither patient required intervention.²⁰

A cross sectional study by Baheti R et al (2003) based on CT and EEG finding in patients with generalised or partial seizures done in Western Rajasthan in which 52 children of 1-15 yrs age group with seizure disorder were included; 26 of them were having partial seizures, while the rest were having generalised seizures. Those patients who were having known aetiological factors were excluded from the study. All the patients were subjected to a detailed clinical history and physical examination revealed that 57.7% patient had seizure in 1-10 yr age group and there was definite male dominance among seizure patients.²¹

Partial seizure (n = 26), generalized seizure (n=26) male for generalized seizure 18 comprises of (69.2%), and for partial seizure 19 (73.0%) of patients, where female comprises 08 patient for generalized seizure (30.8%) and 07 patient (27.0%) for partial seizure. On the contrary according to Behavioural aspects of epilepsy: Principles and practice by Steven C. Schachter, Gregory L. Holmes, Dorothee Kasteleijn- Nolst Trenité there has been bias to the female sex in several case series²², but this has not been confirmed on controlled study. But most of these studies were based on Western patient. So it can

be concluded that there is difference in sex distribution in Western and Indian patients.

Comparison of computed tomography (CT) with Magnetic Resonance Imaging (MRI) for intractable epilepsy was done. In a study of 117 patients with intractable epilepsy who had surgically proven abnormalities, MR had a sensitivity of 86% compared with 28% by CT.^{23,24} In our study about 46.55% cases were diagnosed by CT. CT was very poor for particularly detection of mesial temporal sclerosis among 10 patient of mesial temporal sclerosis detected on the basis of MRI, CT was able to detect only 2 cases. In our study CT was useful in detection of congenital structural defect. But according to Bronen RA et al (1996) CT was 15% sensitive compared to MRI which was 70% sensitive for detection of congenital lesions.²⁴

In diagnostic terms, the CT scan was found to have two enormous advantages. Demonstration of normal structures with ability to diagnose atrophy and demonstration of space occupying lesions, their position and nature to a certain extent, specially solid and cystic masses, tumours, abscesses, haemorrhages and infarctions.³ Study by Kanitkar M et al showed porencephalic cyst or cerebral atrophy was seen in 21% of abnormal scans and mostly in the preschool children who gave a history of meningitis or birth asphyxia.³ In a study conducted by Yang P *et al*, 17 out of 34 children with partial seizures had an abnormal CT, the commonest being atrophy.²⁵

Electroencephalography (EEG) is recommended as a part of initial evaluation in all children presenting with an episodic event. Epileptiform abnormalities in the EEG support a clinical diagnosis of seizure, help in the diagnosis of specific syndromes, and predict seizure recurrence.²⁶ Imaging provides important contributions in establishing etiology, providing prognostic information, and directing treatment in children with recently diagnosed epilepsy.²⁷ A computed tomography (CT) scan is now widely available with a low marginal cost in private and public sector hospitals.²⁸ For neuroimaging,

magnetic resonance imaging (MRI) is more sensitive than CT and is the modality of choice.²⁹ A plain CT scan is indicated in traumatic brain injury and a contrast enhanced CT scan is indicated in children above 2 years, especially those presenting with convulsive seizures, focal seizures, and clusters of seizure.³⁰

Conclusion

Determining whether focal lesion is the cause of seizure also helps in diagnosis of epilepsy syndromes of childhood. Neuroimaging is useful to determine whether early intervention is required or not as in cases of traumatic seizure, vascular aetiologies of seizure. Though CT scan is having radiation exposure risk but single exposure is not having much risk as compared to seizures complications. CT scan brain is an important investigation and should be used in generalized seizures because it is affordable and available at many smaller centers. Limitations of the study include small sample size, and lack of long-term follow-up with repeat CT scan. CT scan can detect many of localized lesions in cases of generalized seizures. CT brain may also be used in cases of generalized seizures, not only in partial seizures especially where the MRI facility is not available and affordable.

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