



## Study of effect of testicular perfusion and fertility in patient operated for inguinal hernia with mesh

Authors

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### Abstract

**Background:** *Inguinal hernia repair with synthetic mesh is the most common surgical procedure in India as during this procedure synthetic mesh is placed closed contact with spermatic cord. Resulting fibrosis may influence testicular perfusion this change is studied colour doppler study.*

**Method:** *prospective randomised study testicular perfusion was investigated before repair and after half yearly thereafter by colour Doppler ultrasonography. Forty two patients who underwent elective mesh hernia repair and also underwent preoperative and post-operative colour Doppler ultra-sonography were included in this study.*

**Results** *there was no significant difference in testicular blood flow or testicular blood volume were found.*

**Conclusion** *this study suggested that inguinal hernia repair with mesh has no significant effect over the testicular blood flow testicular volume or semen quality.*

**Keyword** *inguinal hernia testicular perfusion.*

### Introduction

Inguinal hernia repair is the most common surgical procedure performed worldwide. In this procedure as mesh is placed in close approximation to the spermatic cord and mesh-induced fibrosis or direct iatrogenic damage may affect the structures of the spermatic cord and impair testicular function and fertility. Potentially harmful complications of this procedure include obstructive azoospermia, ischemic orchitis, or testicular atrophy which has been experimentally proved. A systematic review on male infertility following inguinal hernia repair was recently conducted; however, the majority of procedures were open (99.5%) and unilateral (>80%). Men undergoing bilateral mesh hernia repair or

unilateral hernia repair with pre-existing impairment of the contra lateral testis are considered to bear greatest risk of fertility impairment, but relevant large and prospective clinical trials on endoscopic bilateral hernia repair are lacking. The objective of this study was to evaluate the effect of inguinal hernia repair on male fertility by analysing testicular perfusion and volume, semen analysis.

Colour Doppler ultrasound (CDUS) is extremely helpful in demonstrating testicular blood flow in selected patients. The postoperative use of testicular CDUS to evaluate the preservation of testicular circulation has been reported after orchidopexy, excision of haematocele, and hernia repair. We discuss the previously unreported use

of testicular CDUS in patients who underwent mesh hernia repair.

**Materials and Methods**

This was a prospective observation study done. From 1 January 2016 to 30 February 2017, a total number of 182 men were operated on for primary inguinal hernia at General Surgery Department M.K.C.G Medical college Berhampur, Odisha, India. From 182 patients only 42 patients were able to complete follow-up period for 6 months. Testicular perfusion and volume were determined by measuring the blood flow velocity (cm/s) by colour Doppler ultrasonography (CDUS) and grey-scale while fertility is assessed by semen volume, concentration, motility, or pH.

**Table 1** testicular perfusion and other related parameter

| Preoperative                  | Postoperative | P value    |    |
|-------------------------------|---------------|------------|----|
| Testicular volume (cm3)       | 10.6±4.2      | 10.9±3.8   | NS |
| Testicular perfusion (cm/sec) | 0.030±0.18    | 0.032±0.08 | NS |
| Peak systolic velocity        | 11.4±1.4      | 10.8±1.2   | NS |
| End diastolic velocity        | 2.6±0.3       | 2.4±0.4    | NS |
| Acceleration time             | 78.4±12.2     | 74.4±14.2  | S  |

**Table 2** fertility parameter (semen analysis)

| Preoperative                            | Post operative | P value |    |
|---|----------------|---------|----|
| Volume (mL)                             | 3.4±0.4        | 3.2±0.4 | NS |
| Motility (% progression)                | 44±8           | 38±6    | S  |
| Concentration(10 <sup>6</sup> cells/mL) | 46±6           | 40±4    | NS |
| pH (mol/L)                              | 7.7±0.4        | 7.7±0.6 | NS |

**Results**

As per the above study there was no significant changes in blood flow and fertility parameters when comparing both pre- and postoperatively.

**Discussion**

The aim of my study was to see the effect of hernia repair on testicular circulation and fertility. And in our study we found there was no significant changes in blood circulation or fertility before and after operation.

In testis artery and veins are richly anastomosed thus protecting it from ischemia. Still in hernioplasty have some rare complication like testicular atrophy due to overzealous ligation or use of diathermy or iatrogenic dissection of cord.

Uzzo et al, who first investigated the influence of the Lichtenstein and Should ice operation on the cord structures in a canine model. They observed no significant differences regarding testicular volume, temperature, blood flow, and vasograms between the operation groups and preoperative and postoperative results, respectively. Fitzgibbons et al observed mesh adheres to the cord structures without erosion. Experimental histological study has shown normal spermatogenesis postoperatively. Fertility parameter like semen analysis has also show insignificant changes after operation.

Our study was limited due to small sample size addition to that decrease of sample in follow up also. And as mesh related inflammatory reaction subsides within 6 months so our study was limited with 6 month follow up. As after this time period there will be hardly any change in perfusion or fertility due to surgery.

**In conclusion** from the study suggest that there no relevant long term effect of hernia repair on testicular perfusion and fertility.

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