



Role of Exchange Transfusion In Dapsone Poisoning

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ABSTRACT

Suicidal ingestion of Dapsone can lead to severe methemoglobinemia. Exchange Transfusion decreases Meth-Hb level. We present a young female with suicidal ingestion of Dapsone who responded to Exchange Transfusion.

Introduction

Dapsone is a synthetic sulfone increasingly used in the treatment of a wide variety of dermatological disorders in tropical world¹. Because of its use in various conditions, its toxicity is commonly seen in adults. However, dapsone intoxication in children is usually accidental and invariably fatal. The toxicity is directly related to the methemoglobin (met-Hb) levels in blood². Here we report a case of dapsone-induced Methemoglobinemia successfully treated with Exchange Transfusion, intermittent intravenous methylene blue, ascorbic acid and activated charcoal.

Case History

A 15 yrs old female presented to emergency after suicidal ingestion of 24 tablets (2.4 g) of dapsone, with complaints of breathlessness, palpitation, headache, sweating, bluish discoloration of lips and nails for 2 hrs. On examination, she had Tachypnea, Tachycardia and cyanosed. pulse rate was 140/min, RR 30/min, BP 140/90 mmHg, SpO₂ 70% at the time of admission and METH Hb- 21%. ECG- Rate 140, regular (sinus tachycardia). ABGA s/o Metabolic acidosis. The patient was initially

managed by gastric lavage followed by continuous oxygen by face mask. activated charcoal was given through nasogastric tube. Inj. Methylene blue 1 mg/kg along with Inj. Ascorbic acid 250 mg three times a day. But still the patient was irritable and cyanosed. Methylene blue and ascorbic acid therapy were continued in the same dose. Irrespective of all above treatment the cyanosis was persist and patient becomes more irritable. So relatives was counseled about Exchange transfusion. After 2 cycles of Exchange transfusion the patient was improved. Her symptoms was relieved on 2nd day. By 8th day the patient was completely recovered. Her METH- Hb level was 2% and SpO₂ level was also improved to 94%. Patient was discharged..

Discussion

Dapsone was first introduced as an effective chemotherapeutic agent for leprosy. Other uses of dapsone are dermatitis herpetiformis, panniculitis due to alpha-1 antitrypsin deficiency and Pneumocystis carinii pneumonia in HIV patients. Dapsone poisoning in children is usually accidental and results not only in methemoglobinemia but also hemolysis, hepatitis, coma, seizures and metabolic acidosis³. Met-Hb is an oxidation product of Hb in

which there is an oxidized ferric iron in sixth coordination position instead of reduced ferrous iron in normal Hb. This oxidized ferric iron containing site is then bound to a water molecule or to a hydroxyl group⁴. This complex is dark brown and unable to transport oxygen with a leftward shift in oxygen dissociation curve, thus leading to a decreased tissue oxygenation with subsequent hypoxic features⁴. Methemoglobinemia, an infrequent condition can be congenital due to deficiency of red cell NADH reductase or be induced by several toxic compounds, such as chlorates, inorganic and organic nitrites, and with drugs, like local anesthetics and sulpha drugs, including dapson. The clinical manifestations are directly related to concentration of met-Hb and is usually fatal when more than about 30% of Hb is converted to met-Hb². We presented young female patient had met-Hb level of 21%. The standard management of orally ingested drug dapson induced methemoglobinemia includes gastric lavage, administration of charcoal, methylene blue, ascorbic acid and exchange transfusion. Methylene blue is the drug of choice in the treatment of methemoglobinemia. Methylene blue when given intravenously is rapidly reduced to leuco-methylene blue by the enzyme NADPH-met-Hb reductase which reduces the met-Hb back to Hb by a cyclic reaction⁵. The prompt treatment with repeated doses of methylene blue brought about the reversal of meth-Hb level⁶. The recurrence had been due to continued absorption of dapson from the gastrointestinal tract and formation of its toxic metabolites⁴. The exchange transfusion had been reported to be very effective in the management of methemoglobinemia⁷ but was later found to be of minor benefit, probably due to large volume of distribution of dapson⁸.

References

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